

White Bear Area
Food Shelf



Care
Connection
Community



2022
ANNUAL
REPORT



Dear friends,

The food and support needs in our community continue to grow exponentially. Due to rising costs of living, in the last five years we've doubled the number of people we've served at the White Bear Area Food Shelf. And in just a few months this year, we've seen demand spike 21 percent as people deal with inflation and reduced state nutrition program benefits. Our neighbors need our help.

To tackle this challenge, we've been listening to our community and evolving our programs for today – and far into the future.

Care. We provide fresh, high-quality food and innovative programs.

Connection. We link people with resources they need beyond food, like housing and energy assistance.

Community. We embrace everyone in our community and gratefully partner with our volunteers, donors and local organizations.

This report highlights our work in these areas during the last year, including our curbside, delivery, and mobile programs.

We're also making plans for a new, in-person experience that will look and feel like a neighborhood market, helping us reach a new segment of our community and expand access to culturally connected foods. Stay tuned for more information on this exciting addition in 2024!

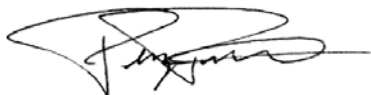
The community of White Bear Lake has been very supportive of the food shelf throughout its long history. But the needs are great. Thankfully, we are a community of abundance. Together, we will continue to take care of each other for years to come.

Ways to help

- Donate financially online or by check with the card provided. Every \$1 donated buys \$6 worth of groceries through our partnerships with food banks and food rescue programs.
- Host a food and fund drive. The most wanted items include diapers, wipes, cereal, peanut butter, and coffee.
- Help us tell our story and connect throughout the community. We're happy to speak to your organization or at an event!

Please contact me at perry@whitebearfoodshelf.org or 651-407-5372 with questions or to learn more about how we can work together to support our neighbors.

Thank you for your partnership and helping us share our abundance with those who need it – when and where they need it.



Perry Petersen
Executive Director



1 in 12
Minnesotans
are food insecure

“

It relieves so much stress in my life. I don't have to choose between bills or food. It also allows me to make and eat nutritional meals.

– Food Shelf Visitor

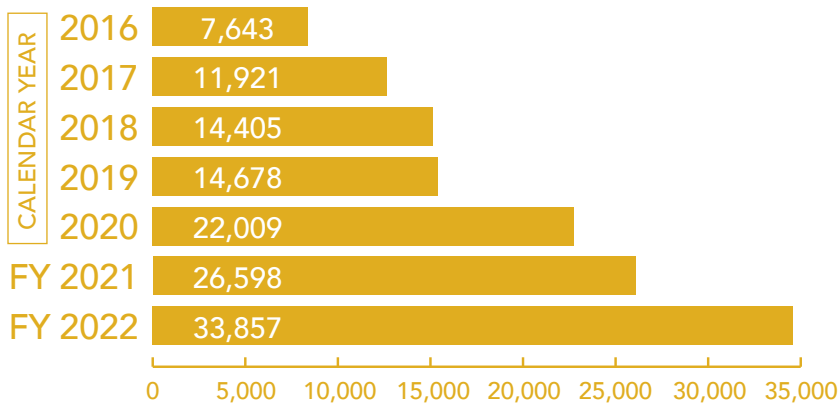
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The Food Shelf

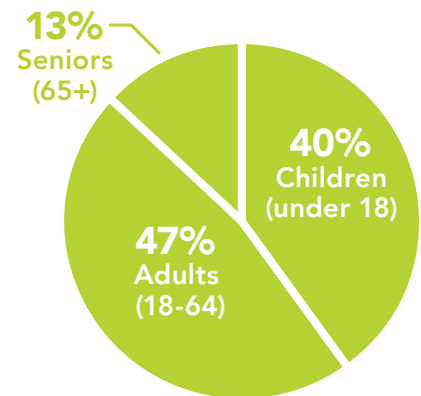
Greater need, greater impact



TOTAL VISITS PER YEAR



INDIVIDUALS SERVED BY AGE



27% INCREASE
IN TOTAL VISITS



35% INCREASE
IN INDIVIDUALS SERVED



“

My twin daughters just graduated from high school and were accepted to nursing/psychology programs! I attribute their great success to having food on the table for dinner and nutritious options for veggies and fruits. Thanks to the food shelf for helping make this happen for our family.

– Food Shelf Visitor

”



We provide fresh, quality, culturally varied food.



Our Curbside Delivery program offers up to 60 choices each day – including frozen meats, fresh produce, dairy, deli, bakery, dry goods, and hygiene items – which gives our neighbors the ability to make their own healthy food choices.



600,934
pounds of groceries
distributed

Total visits up
13%
to 16,625

Total individuals
served up
17%
to 58,893



“

*We are eating in a way
we never could without
you. We are very grateful.*
– Food Shelf Visitor

”

We go where people need.



Many of our neighbors don't have transportation, so our Mobile Markets reach them at senior buildings, schools, and faith communities throughout the area.

Our delivery program, launched in 2021 in partnership with Valley Outreach and Open Cupboard, has expanded greatly and also helps get food to the people who need it – including those with mobility challenges.

Many kids in our community rely on meals at school during the week, our KidPack backpack program provides small meals and snacks to help bridge the gap over the weekend.

“

During the pandemic this food shelf literally helped keep our family OK. Thank you for keeping my family safe and fed. – Food Shelf Visitor

”



156,939
pounds of groceries
distributed

Total visits up
44%
to 6,390

Total individuals
served up
56%
to 16,877



76,925
pounds of groceries
distributed

2,576
total visits

9,919
people impacted



30,461
pounds of weekend
meals distributed



300
students receive
KidPacks each
week during the
school year

We bring people together.



White Bear Area Food Shelf and our 'super connected' network of partners and committed staff bring everyone together to take care of people. Beyond food, in 2022 we were able to support neighbors through the housing crisis – working in partnership with other organizations to keep people in their homes.

Looking ahead to our new, in-person experience, we'll be hosting organizations onsite for outreach and appointments to connect people with basic need resources.



“

Thank you for being non-judgmental and always friendly!
– Food Shelf Visitor

“

How did you get workers who are so welcoming?
– Food Shelf Visitor



We welcome everyone.



The White Bear Area Food Shelf is part of the fabric of our community – everyone is welcome to use the services when they need them, or to contribute in the best way they're able.

We strive to support diversity in multiple ways, from the culturally varied food we provide and to the people who help make our organization a welcome place for all.



“

You make me feel happy coming here.

– Food Shelf Visitor

“

I am glad to see availability of ingredients for ethnic cooking.

– Food Shelf Visitor



It takes all of us.

We're grateful to have hundreds of volunteers who donate thousands of hours to help us provide healthy groceries for local families.

In addition, our community partners are incredibly generous. The City of White Bear Lake, White Bear Lake Area School District, local businesses, and non-profit organizations like the Lions Club, Rotary Club, and faith communities support important fundraising and events for the food shelf.

“

The Volunteers make you feel that you matter.

– Food Shelf Visitor

”



Community

9,297

Volunteer Hours

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Carlos Gantchoff

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Amy Johnson
(Emeritus)

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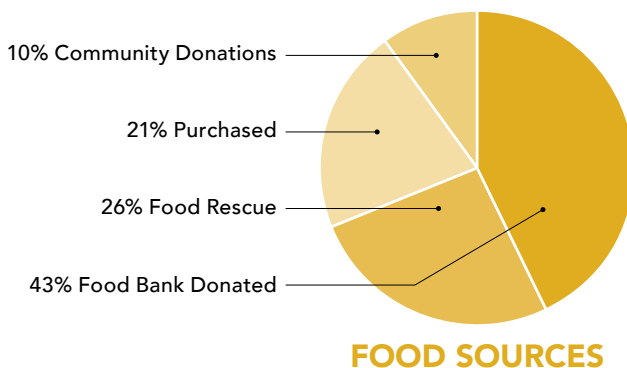
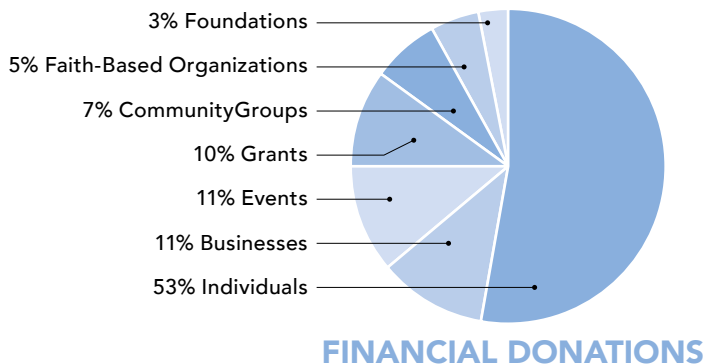
We see the cost of groceries every week and always wonder how people who struggle financially can afford to put food on the table. We are very fortunate to have food security in our household - today - but know that can change when you least expect it. As long as we are physically able, we feel that volunteering at the White Bear Food Shelf is rewarding and something we want to continue. – Volunteers Mark & Nancy M.

”



2022 Financials

Fiscal year Oct. 1, 2021 to Sept. 30, 2022



Revenue	
Contributions	\$ 716,171
Grants	\$ 76,228
Food	\$ 1,377,962
Total	\$ 2,170,361
Expenses	
Program	\$ 2,166,242
Administration	\$ 185,478
Fundraising	\$ 89,150
Total	\$ 2,440,870



* For additional financial information or to view the food shelf's most recent 990, please visit whitebearfoodshelf.org/contact-us/.

2022 FINANCIALS



In 2022, the need in our community continued to rise as COVID emergency supports ended and food prices skyrocketed. The food shelf tapped into reserves built up during record-setting giving in 2020 and 2021 when affordable food was available to us through government emergency programs. Thanks to this community's generosity we were able to welcome anyone who needed support, many for the first time and many who needed to visit more often to make ends meet.

Looking ahead, we are continuing to innovate to care for our community during this time of heightened need by deepening our partnerships across human services. We are listening to our neighbors and adapting our programming to bring the highest quality care and connection to our community.

THANKS TO OUR GENEROUS FINANCIAL DONORS

BUSINESSES

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Alerus Financial
Alliance Insurance Advisors Agency
Allina Health
Amazon Smile
Ameriprise Financial
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Apple, Inc
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Auto Glass Express
Beecroft Marketing & Events
Blue Cross Blue Shield of Minnesota
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Boston Scientific
Canada Goose
Management, Inc
Carlson Chiropractic Clinic
CDK Global
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Cub Foods White Bear Township
Cup and Cone
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Donatelli's
EAT! @ Banning and 5th
Ecolab
Family First
Chiropractic & Wellness Center
Faulkner Companies, LLC
Goldwood Kennels
Gray Duck
Concessions
H.B. Fuller Company
H2O For Life
Hallberg Engineering
HomeServices Insurance
Husnik Homes
I.C. System, Inc
Isaacson Gentle Dentistry
Jazzercise Woodbury Fitness Center
JL Schwieters
Construction, Inc
Joy Erickson Real Estate Team- Edina Realty
Kathy Doucette Realty
Keys Café
Kim Bennett
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LifeCore Yoga, LLC
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Panther Claus
Pentair
Pohlad Family Foundation
Polar Tool and Supply
Premier Bank
Press Publications
Principal Financial
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Raytheon Technologies
Redpath and Company
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Renstrom Dental Studio
Rudy's Redeye Grill
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The Lice Lounge Hair Care Center, LLC
The Tapemark Company
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Unity One
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Vizient
Voya Financial
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WBL Apartments, LLC
White Bear Country Inn
White Bear IT Solutions

White Bear Lake Main Street Inc
White Bear Lake Plumbing
White Bear Mitsubishi
Wildwood Electric
Wow One Day Painting
Xcel Energy Foundation
Yarusso Companies
Yogadevotion
Ziccardi Construction, LLC

COMMUNITY GROUPS

Academy for Science and Agriculture
American Legion Post 168
Beta Sigma Phi
BNI - White Bear Lake
Chamber of Commerce - White Bear Lake
City of Gem Lake
Dellwood Country Club
Independent School District 623
Kevin & Rita Hamernick Charitable Fund
Ladies of the Lake - Quilting Club at Redeemer
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Lake Square Apartments
Lakeshore Players Theater
Lincoln Elementary
Matoska International Elementary School
Merrick, Inc
Mom's Club of White Bear Lake
Neighbors Helping Neighbors
Northeast Metro Referral Group
Oak Ridge Ponds Neighborhood
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VFW 1782 Auxiliary
VFW Post 1782
White Bear Lake Area Early Childhood PTA
White Bear Lake Area Public Schools
White Bear Lake Area Triad
White Bear Lake Extended Day

White Bear Lake Hockey Association
White Bear Lake Ice Out Contest
White Bear Lake Lions Club
White Bear Lake Police Department
White Bear Lake Rotary Foundation
White Bear Lake Women of Today
Friday Ladies Breakfast Group

FAITH BASED ORGANIZATIONS

Calvary Baptist Church
Christ the King Lutheran Church
Community of Grace Lutheran Church
First Church of Christ, Scientist
First Presbyterian Church
Greater Minneapolis Community Connections
Parkview United Church of Christ
Redeemer Lutheran Church
South Shore Trinity Lutheran Church
St. John in the Wilderness Church
St. John the Evangelist Church of Little Canada
St. Mary of the Lake Church
St. Pius X Catholic Church
St. Stephen Lutheran Church
St. Timothy Lutheran Church
White Bear Lake United Methodist Church
White Bear Unitarian Universalist Church
Women's Ministry Community of Grace

FOUNDATIONS

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Greater White Bear Lake Community Foundation
Green Family Fund

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Second Harvest Heartland
Share our Strength
Stronge Family Foundation
The Allen Family Fund
The Grant & Buerkle-Grant Family Fund
Timothy I. and Linda M. Martin Charitable Fund
Schulze Family Fund

SPECIAL EVENTS

Bear'ly Open
Give A Gobble
Gloria's Food Shelf
Shortest Marathon

INDIVIDUALS

Pamela Aanenson
Ross and Lisa Abernathy
Amanda Ackerley
Daniel Adamson
Bob and Linda Albert
Katrin Allen
Karen Alnes
Peggy Andersen
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Brian Anderson
Bruce Anderson
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Darin and Beth Pilacinski	Roxanna Rod	Eugene and Joye Schutte	Mark Ellis and Penny Sourile	Amy Thompson	Steven and Kathleen Weihrauch
Sarah Piotraschke	Michael and Karen Roe	Ann Schweitzer	Susan and Stephen Spangenberg	Holly Thompson	Heidi and David Weiler
Chester and Suzanne Piotrowski	Kathleen and Michael Roelofs	Anthony Scornavacco	Robin Spanier	Brock Tice	Margaret Todd
Linda Pirri	Reyne Rofuth	Peter Sebrechts	Dorothy Spanovich	Margaret Todd	Carol Toensing
Kim Pittsley	Marjorie Rogers	Martin Ogden and Leanne Sehr	Kate Spencer	Carol Toensing	Kathy Tomsich
Cheryl and Michael Plumb	Richard and Mary Rogers	Mary Seidel Cox	Nicolas Spinner	Amy Toninato	Amy Toninato
Jim and Julie Podlich	Bob and Cyndi Rokser	Jim and Michelle Seifert	Roger and Kristen St. George	Carol Cramer and Clifford Tower	Debra Welch
Carolyn Porter	George and Sylvia Roman	Jolene Servatius	Joann Statsman	Scott and Beth Tradup	Andrea Wellman
Sandra Pramann	Barbara and Gary Romstad	Paul and Sarah Sevcik	Deb Steele	Garrett and Erin Trobac	Michael and Michele Wells
Anton Preheim	Kevin Rooney	Jon and Sue Severson	J.L. and A.I. Stege	Lee and Beverly Troske	Dennis Welsch
James Preiner	Christina and Jeff Rosenberg	Richard and Teresa Shafer	John and Nan Steger	Bruce and Linda Trouten	Anissa Wenzel
Kim Prinsen	Lisa Rossiter	Nancy Shaner	Mark and Carol Stehly	Janet Tschida	Sandra Werling
Karen and Jim Quaday	Jessica Rotschafer	Rebecca and Mark Shavlik	Eileen Steiner	Kristin Tschida	Mark Werner
Barbara J Qualey	Richard and Melinda Ruane	Mary and John Shearen	Kathleen and Thomas Stender	Pamela Tschida	Eric and Sara Werzel
Nancy Quam	Vincent and Barbara Ruane	Mike and Linda Shearen	Linda and John Sternquist	Mary Jane Krebs	Barbara Westgard
Cathryn and Keith Quinn	Suzanne Ruedy	Emily Sheehan	Anthony Stieber	Turnbull and Michael Turnbull	Mary and Mark Westra
Christine and Allison Quinn	Shirley Wood and Eugene Ruehle	Victoria Sheehan	Donald and Janice Stock	Peter Vader	Kathleen White
Cami Raeburn	James and Sandra Rummel	Dennis and Monica Shevik	Rick and Cathy Storey	Cheryl Vadnais	Kimberlee Wilcox
Gary and Dianne Raines	Gaylon and Jean Runeberg	Brian Shoberg	Fred and Sandy Strand	Anne and David Vail	Gerald and Patricia Wilharber
Jeffrey Ranweiler	William and Kathleen Rust	Joan and Gerald Shull	John and Eleanor Strand	Valerie Valero	Sue Wilkie
Margaret Rapheal	Susan and Douglas Rutford	Philip and Kathryn Siegle	Rolf and Marcella Strand	Dana and Neil Vanderbosch	Carole and Robert Williams
Lori and James Rathburn	Elena Rutkowski	John Sieleni	Kathy and Dick Strane	John Vasicek	Kate Williams
Terry Reasoner	Carole Ann Ryan	Anne and Michael Simons	Judith Stringer	Ryan and Britta Veldman	Sarah Williams
Jacalynn and Robert Reed	Stacey Ryan	Scott Sinclair	Patricia Strom	Timothy and Kathy Verbrugge	Stefan Wills
Geri Reedy	Steve and Louann Ryan	Bash Kaur Singh	Gail Stucky	Jean Vette	Hannah Wilson
Stephen and Linda Reeves	Nancy Sacco	Brian and Tonya Sisterman	Bill and Kathy Studer	James and Patricia Vincent	Erika Winchell
Dr. Gordon and Karen Reigstad	Alan and Natalile Sagdalen	Elaine Skaar	Cecil Suchy	Ken and Elaine Vollbrecht	Marie Winn
Bernie Reiland	Steven and Susan Samuelson	Sue Skeie	Jennifer and Chris Suedbeck	Hank and Bonnie Volpe	Joe Winter
John Reinhart	Janet or Michael Sandretzky	Nance Skoglund	Mary and Joseph Sullivan	Tina Volpe	Celia Wirth
Jackie and Peter Reis	Mary Santi	Deb Skoog	Joanne Sum-Ping	Kathleen and Daniel Wachtler	Wayne Wise
Dorothy Reische	Terrance and Carolyn Sayles	Joseph and Charlene Skorjanec	Barbara Sunde	Melissa Wachtler	Peggy Witthaus
Larry Schoonover and Donna Rekucki	Leela and Kevin Scattum	Cheryl Skrypez	Daniel and Pamela Sundsmo	Sue Wahlin	Jennifer Wittman
John and Karen Reubish	Paul and Barbara Schader	Gary and Marie Skunberg	Jean Sutherland	Diane Waldoch	Gary Wolf
Robert and Joanne Reuter	Tonia Schauls	Tony Skunberg	Bradley and Kristine Swanson	Stephen and Mary Waldorf	Steven and Karen Wolgamot
Michael Richards	Kathleen Schintz	Judy and Ray Slomkowski	Carla Swanson	Charles and Susan Ward	Carol Woodward
Edward Richardson	Jennifer Schmedi	Bruce Smith	Phyllis Swenson	Edy Ward	Charles and Joan Young
Kathleen Richardson	Cathryn Curtis- Schmidt and John Schmidt	Curtis and Terrie Smith	Julie Swenson-Mickish	Mary Ware	Colleen Young
Ann and Jim Richter	Roseann Schoenherr	Margaret Eaves-Smith and Lyman Smith	James and Mary Anne Taglia	Avis and Nathaniel Watkins	Nancy Zabel
Ronald Riemer	Bill and Carole Schoetz	Raymond and Anne Smith	Ralph Talbot, Jr.	Emily Waymire	Jennifer Zafke
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Steven Ring	Ann Marie Schultz	Scott and Lesley Snyder	Steven and Sandra Tauer	Anne Weaver	Catherine Zdechlik
Julie Risovi	Yvonne Schultz		Connie and Dean Taylor	Shawn Webb	Wilma Zenk
Richard and Dianna Ristow			Jim and Denise Templeton	Jeffrey and Brenda Weber	Theresa and Eugene Zerwas
Karen and Kevin Ritter			Stacy Tepp	Rob and Mary Weber	Brian Zeuli
Al Rivard			Terry and Joan Avelallemant Teppen	Kathy Weier	Leroy and Patricia Zeuli
Gretchen and George Robinson					Mark and Katrice Ziefle
Joe Robinson					Kristopher Zschernitz
					Carrie Zwak
					Beverly and Gary Zweig

“

The food shelf means everything. I lost my job... I don't know what I'd do without this. Thank you again!. – Food Shelf Visitor

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Food insecurity can happen to any of us. Our mission is to provide food and support to our neighbors in need. We've been a critical resource for families in our community since 1977.



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